



#WhySTRIDE

**Back in Person!**

**At Your Pace -  
Competitive or  
Casual!**

## **Strides 4 STRIDE 5k/2k Run, Walk 'n Roll**

**Saturday, June 11th,  
Jennings Landing, Albany NY**

**Open to ALL—Set a personal record or have fun with friends!**

- Early Bird Registration \$25 Until 6/1/22 \$30 after 6/1/22
- Create a fundraising page to support STRIDE Adaptive Sports
- Great & unique Prizes for the top competitive runners and fundraisers in every age category
- Youth Obstacle Course!
- Music provided by AREEP
- Free Stewart's Ice cream Cones!
- Face Painting & T-shirts!
- Food provided by Hannaford!

**Register Today, [www.stride.org/5k](http://www.stride.org/5k)**

