



KRISTIN SCHAB

MVP Health Care

Kristin has been working for MVP Health Care for the past 18 years. She works with five large departments totaling 850 employees throughout the organization. She collaborates with Senior Leaders concerning strategy, department restructures, reductions in force and terminations, as well as coach and plan performance corrective actions.

Prior to MVP Health Care, she was an HR Generalist for Key Bank for 9 years, where she worked with the retail line of business which included 53 branches in the Capital District. Prior to leaving there in 2001, she supervised and developed a junior generalist, mediating and resolving problems in a timely fashion. In addition, she managed the performance appraisal process and disciplinary procedures. She was responsible for counseling managers on coaching/corrective action as well as downsizing activities. She also facilitated training programs such as Behavior Based Interviewing, Diversity Awareness Training, and New Leader Assimilation programs.

In her role, Kristin believes in honesty and hard work. She is extremely well organized both at her job and at home (much to my husband's chagrin). She believes in the power of laughter and tries to find the humor in all of life's situations.